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# RULES BEHAVIOUR FOR PEOPLE OBSERVER FOR BULLYING

**SouLReCord–Sound Leadership Rejects Cyberbullismor Digital Disrespect**

**Programme:** Erasmus+

**Key Action:** Partnerships for cooperation and exchanges of practices

**Action Type:** Small-scale partnerships in vocational education and training

**Project Reference:** 2021-1-IT01-KA210-VET-000034511



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1. Identify all the subjects in the situation and talk with all of them, where possible

2. Identify the type of bullying





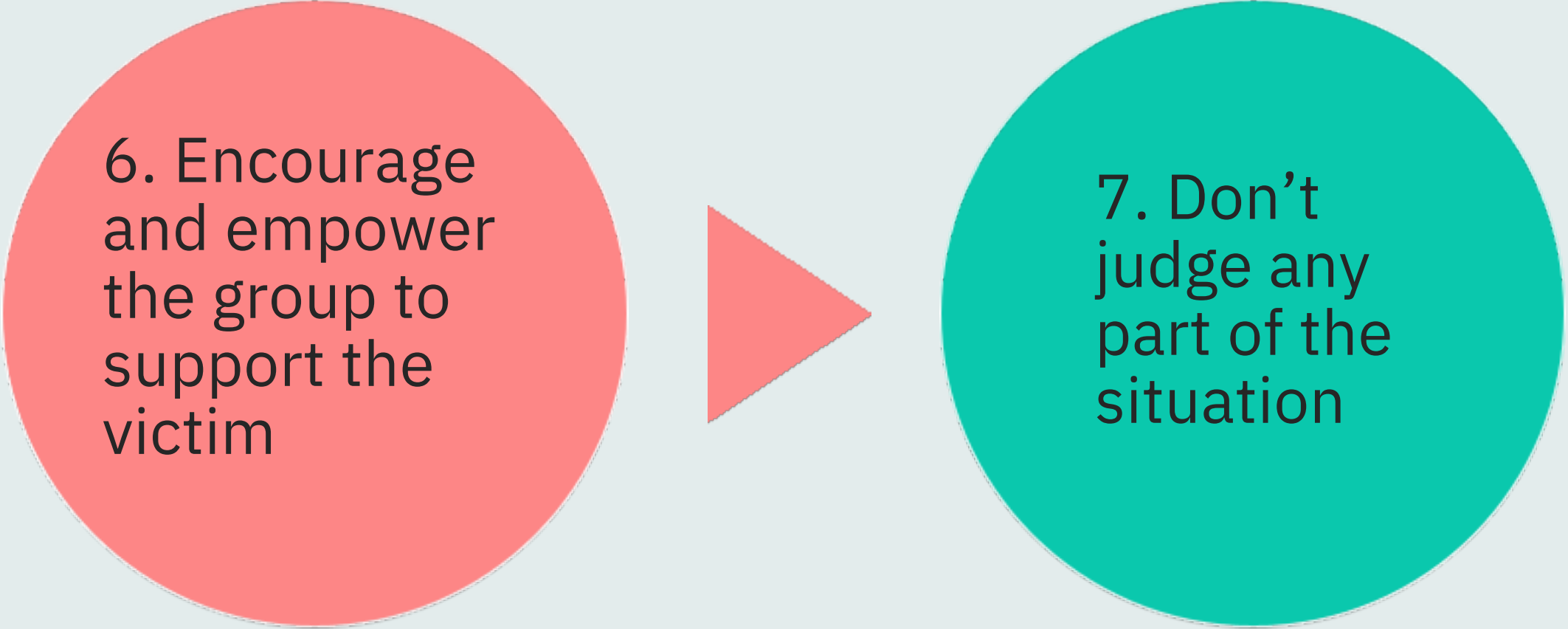
3. Create a safe space where you can talk with any children or teenager and allow them to explain



4. Define the limits of behavior and what is allowed and not to do



5. Collect all the informations and proofs and transfer them to each responsable



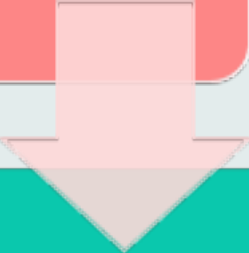
6. Encourage  
and empower  
the group to  
support the  
victim

7. Don't  
judge any  
part of the  
situation



8. Tell the adult responsible  
about the situation and advice  
measures to take

9. Educate the victim about how to respond to the situation



10. Empower the victim, explain him/her that's not bad to be different





11. Understand which are the bullies' problems and try to help them

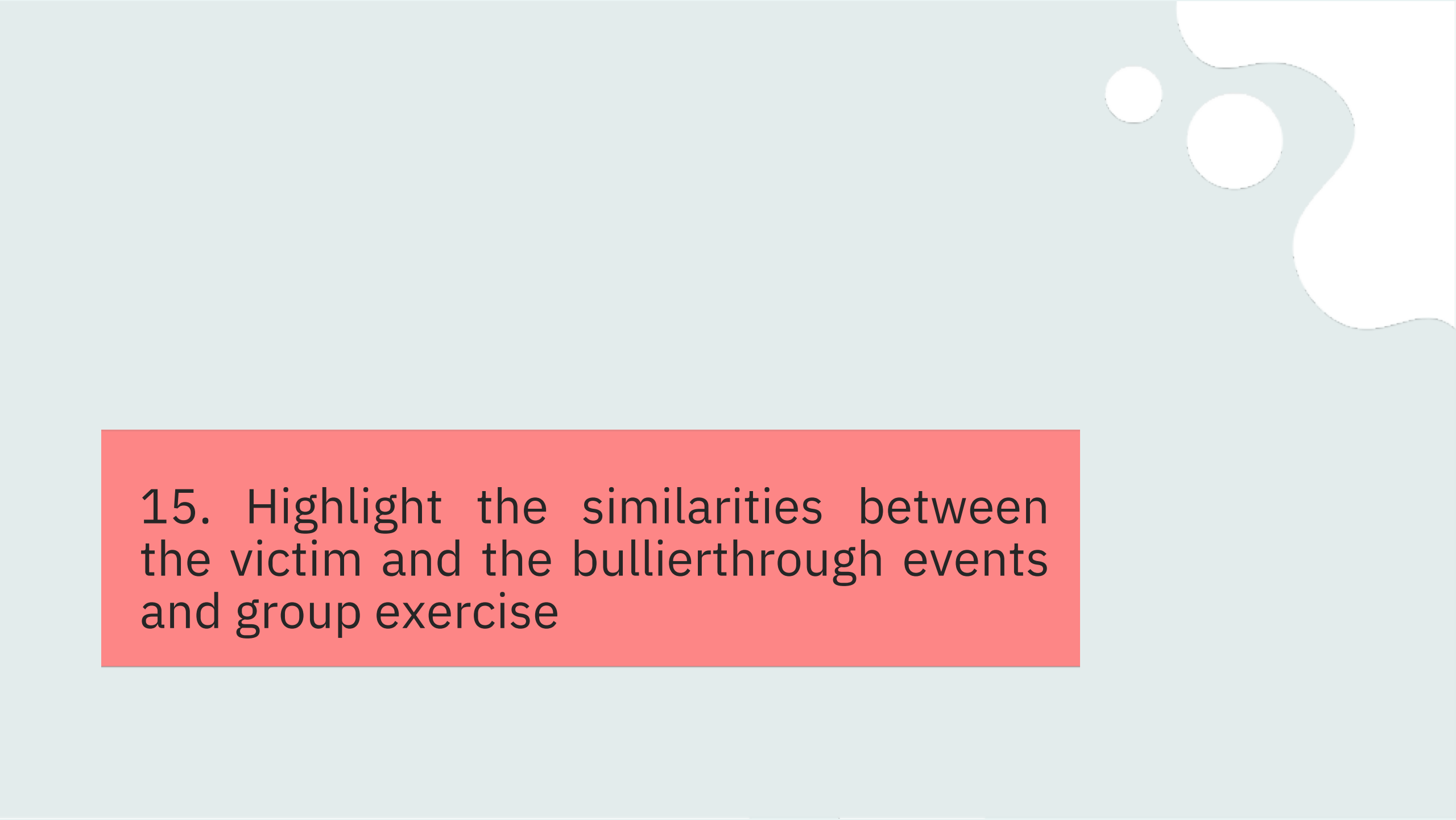


12. Research the laws and let the bullies know them

13. Give the victim an opportunity to find a new social group

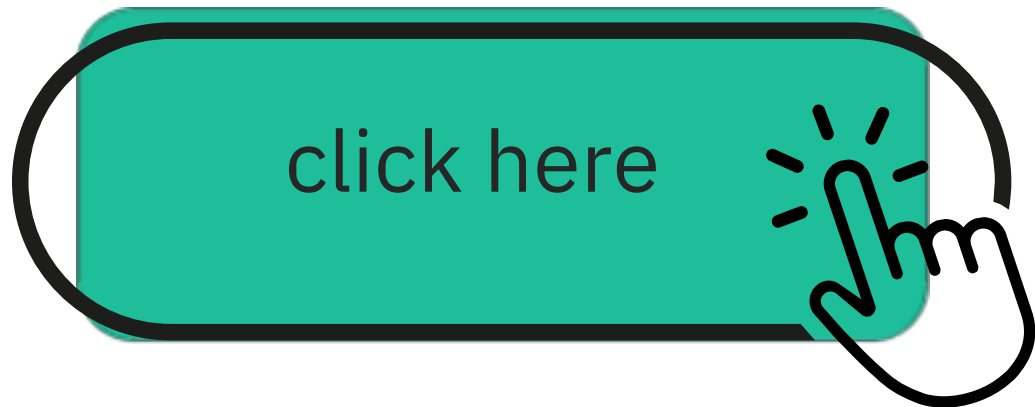
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14. Spread awareness to teens, parents and teachers



15. Highlight the similarities between the victim and the bullier through events and group exercise

If you are observer for bullying,  
suggest the victim to ask for our  
support, our expert team can  
help him/her.





<https://www.piattaformaprogetti.eu/soul-record/>

