



Co-funded by
the European Union

InterSPORT – IS

INTERNATIONAL MEETING CO-ELABORATION OF A DISSEMINATION REPORT

Project ID:101090395

Start date

01 January 2023

End date

31 December 2024

Programme(s): Erasmus+ (ERASMUS+)

Topic(s):ERASMUS-SPORT-2022-SSCP

Type of actio:ERASMUS Lump Sum Grants



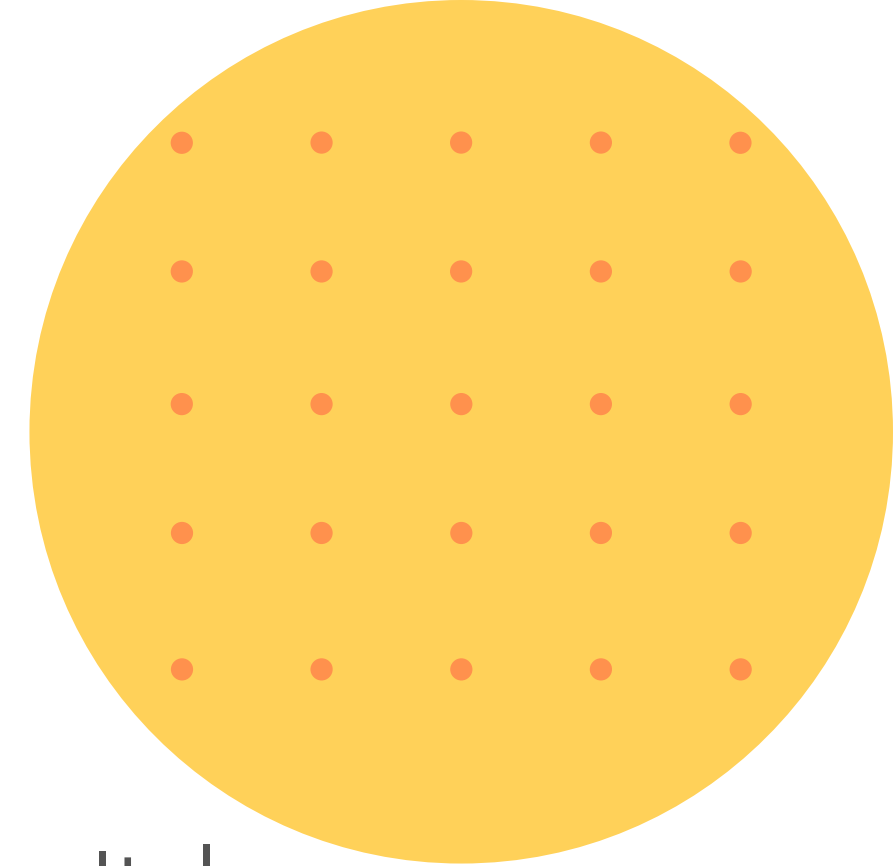
“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.”

InterSPORT – IS

PARTNERSHIP



Lead partner- Italy



Italy



Greece



Spain



On November 9, 2023, the III International Meeting of the Intersport project, funded by the European Commission, took place. This project, written and managed by the GAYCS association, saw the participation of associations such as EUEXIA, YOUTH HORIZONS, SOS EUROPA, and GAYCS itself.

The meeting, held in Plasencia, Spain, led to the development of a final dissemination report aimed at summarizing the project's learning outcomes, exchanges, conclusions, and data collected, with the goal of raising awareness about issues related to intersex individuals in sports.

The day was characterized by creative and interactive workshops, working groups, exercises/practices, and brainstorming activities, aiming to allow participants to share best practices, exchange ideas, cooperate, and collectively work towards identifying priority interventions to be addressed in future shared projects.

In order to promote the inclusion of intersex individuals in sports, participants first analyzed the possible issues they may encounter, and subsequently worked on potential solutions. Additionally, participants collaborated on creating a slogan "**SPORTS INTERSEXTS US ALL!!**" specifically designed to reinforce the concept of inclusion of intersex individuals in sports!

The day concluded with video interviews conducted by the participants, also aiming to assess the impact of this project on their lives.



The present report aims to gather and present the significant results, learnings, exchanges, conclusions, and data emerged during the project. The primary goal is to raise public awareness and engage key stakeholders regarding the critical issues that intersex individuals face in the sports context. During the meetings, we identified and comprehended the unique challenges that intersex individuals encounter in sports. We actively engaged in research and testimonial collection to fully understand individual and collective experiences of discrimination and obstacles.

The meetings, gatherings, and events organized throughout the project facilitated the exchange of ideas, best practices, and innovative approaches to make sports environments more inclusive and welcoming for intersex individuals. The drawn conclusions emphasized the need for more sensitive policies and concrete actions to ensure equal opportunities for participation in sports.



The collected data demonstrated a significant disparity in access to and treatment of intersex individuals in sports environments. These data provide a detailed overview of encountered challenges, including discrimination, pressures to conform to binary norms, and a lack of understanding regarding intersex variations. The final report aims to serve as a tool to educate and raise awareness among sports organizations, policymakers, and society at large about issues concerning intersex individuals in sports. It is hoped that this document can contribute to promoting the adoption of more inclusive policies and foster constructive dialogue toward positive change.





SPORTS INTERSEXTS US



ALL!!



INTERSEX & SPORT

PROBLEMS

- 1.DISCRIMINATION
- 2.LACK OF PRIVACY
- 3.FRUSTATION OF COMPETITION CHALLENGES
- 4.SOCIAL PROBLEMS.

SOLUTIONS

- 1.SENSIBILITATION CAMPAIGNS
- 2.SPECIAL PRIVACY POLICY
- 3.PSYCHOLOGICAL SUPPORT
- 4.COMUNICATION CAMPAIGNS WITH EXPERTS

InterSPORT - IS

PROMOTING INCLUSIVE SPORTING
ENVIRONMENTS: RAISING AWARENESS
ABOUT INTERSEX INDIVIDUALS IN SPORTS

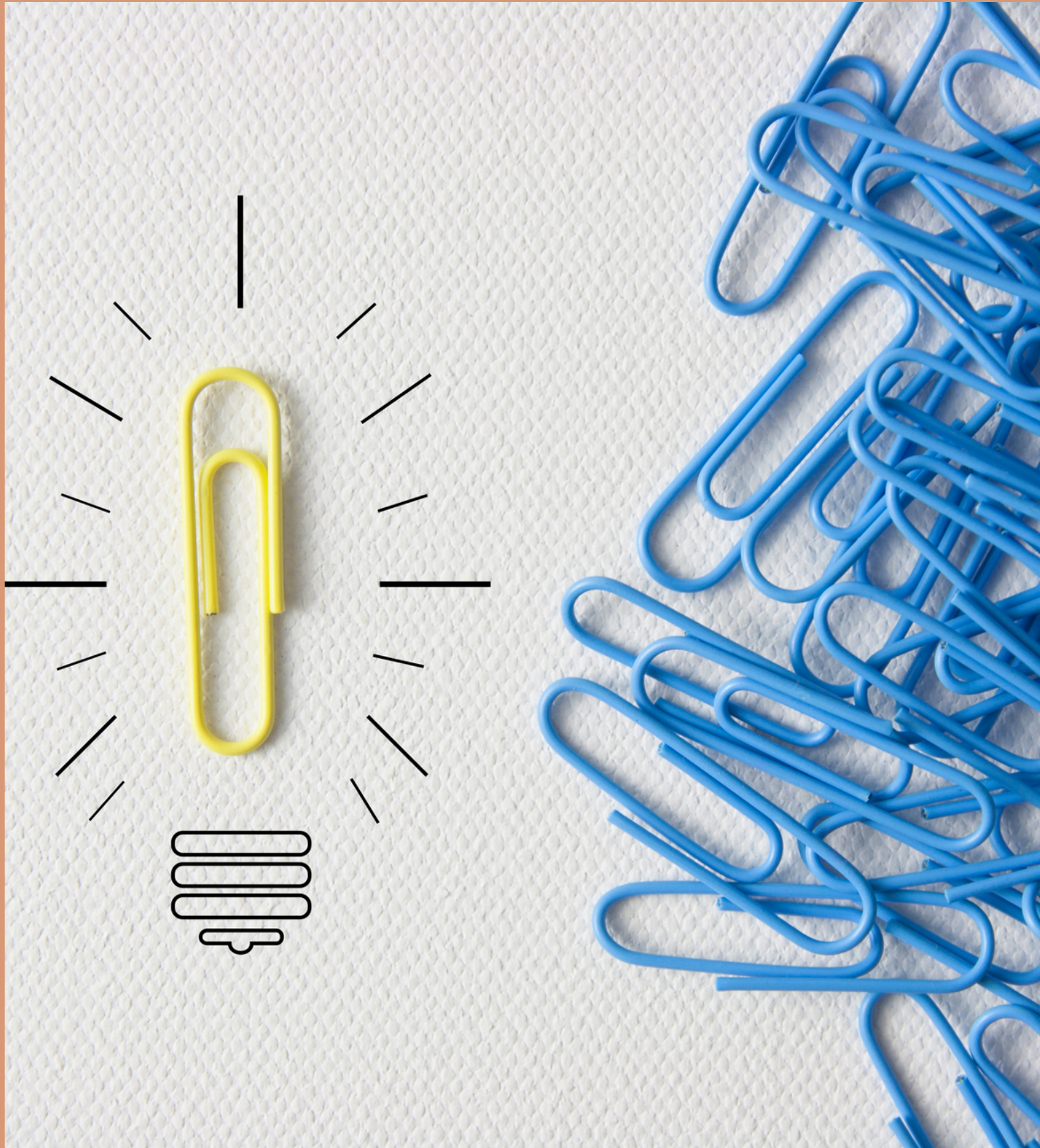


Sport serves as a pivotal aspect of many people's lives worldwide, offering physical, emotional, and social benefits. However, within the realm of sports, many intersex individuals face unique challenges and discrimination. Understanding issues surrounding intersex individuals in sports and striving to create inclusive, safe, and welcoming sporting environments is paramount.



WHO ARE INTERSEX INDIVIDUALS?

Intersex individuals are individuals born with sexual characteristics that do not align with typical definitions of "male" or "female." These variations may involve chromosomes, hormones, genital anatomy, or other sexual characteristics. It's crucial to recognize that intersex individuals exist along a broad spectrum of gender identities.



CHALLENGES FACED BY INTERSEX INDIVIDUALS IN SPORTS

Intersex individuals often encounter discrimination in the world of sports, struggling to find a safe and inclusive place to participate in sports activities. These challenges include:



1. Pressure to Fit Binary Standards:

Sporting policies often rely on binary gender categories, excluding intersex individuals who do not clearly identify as male or female.



2.Hormonal Testing and Restrictive Medical

Interventions: Some intersex athletes have undergone hormonal testing or invasive surgeries to conform to preset norms, resulting in severe physical and psychological harm.





3.Lack of Understanding and Awareness: Widespread lack of knowledge about intersex individuals leads to discrimination and biases in the sporting context.

THE IMPORTANCE OF INCLUSIVE SPORTING ENVIRONMENTS

Providing inclusive sporting environments for intersex individuals is crucial for several reasons:



1. Equity and Justice: Everyone should have the opportunity to participate in sports without being discriminated against based on their gender identity or sexual characteristics.





2. Personal Development: Sports promote self-esteem, confidence, and mental well-being. Creating inclusive environments allows everyone to enjoy these benefits.



3. Education and Awareness:

Offering accurate information about intersex individuals and their experiences helps combat prejudices and promotes greater understanding.

CREATING INCLUSIVE SPORTING ENVIRONMENTS FOR INTERSEX INDIVIDUALS

To make sports more inclusive for intersex individuals, targeted approaches and policies need to be adopted:




1. Non-Discriminatory Policies:

Sports organizations must adopt policies that include all individuals, regardless of their gender identity or sexual characteristics.



2. Education and Training:

Providing educational programs for athletes, coaches, and sports staff to raise awareness about intersex individuals and create welcoming environments.



TRAINING →



3. Consultation with Intersex

Individuals: Actively involving intersex individuals in decision-making processes to develop inclusive policies and practices.

THANK YOU!

<https://www.piattaformaprogetti.eu/intersport-is/>

is.intersport@gmail.com

