



*Towards an Independent, Responsible,
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IRIS (Towards an Independent, Responsible,
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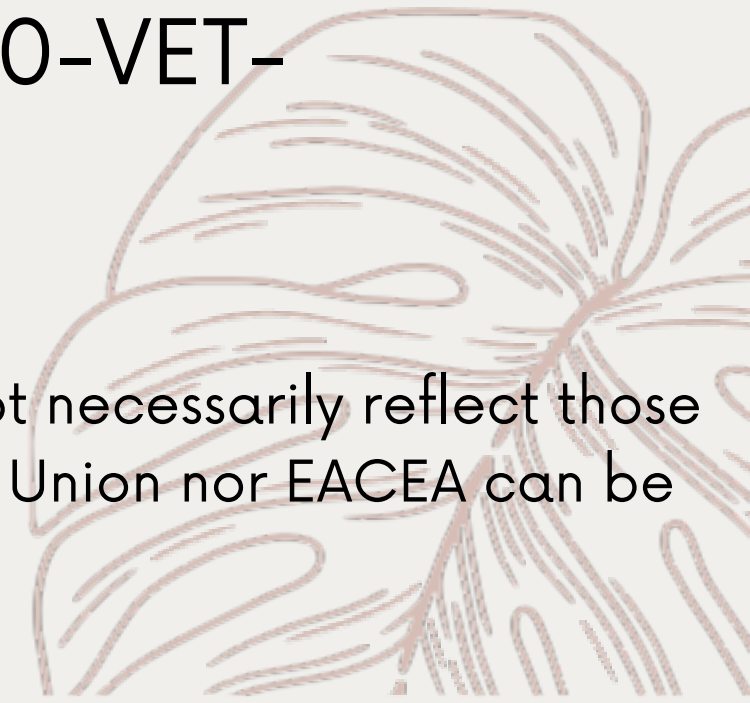
Programme: Erasmus+

Key Action: Partnerships for cooperation and
exchanges of practices

Action Type: Small-scale partnerships in vocational
education and training

Project Reference: 2021-2-IT01-KA210-VET-
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The Benefits of Agriculture for Autistic Children

Introduction:

This report explores the positive impact of agriculture on autistic children. Engaging in agricultural activities offers unique opportunities for sensory experiences, connection with nature, skill development, social interactions, and emotional well-being.



Benefits

Nature Connection:

Agriculture provides a chance to connect with nature, interact with animals, and engage with plants. This fosters an emotional and sensory connection to the natural environment, promoting calmness and well-being.



Benefits

Sensory Activities:

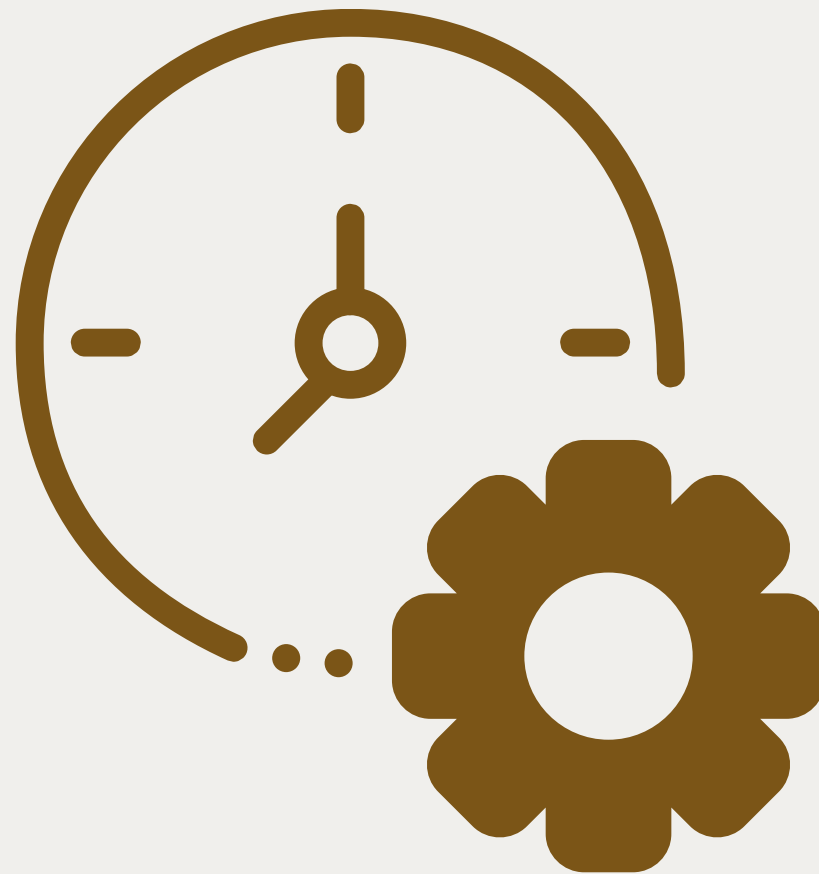
Farming involves various sensory activities, such as touching the soil, smelling plants, and listening to animal sounds. These sensory experiences can stimulate sensory integration and contribute to achieving sensory balance for autistic children.



Benefits

Structure and Routine:

Agriculture follows a structured routine involving specific tasks and activities. This predictable environment can be reassuring for autistic children, providing a sense of order and predictability in their daily lives.



Benefits

Social Skill Development:

Agriculture offers opportunities for social skill development, including teamwork, communication, and shared responsibilities. Meaningful social interactions within the context of farming can foster social growth and interpersonal relationships.



Benefits

Hands-On Learning:

Agriculture provides practical learning experiences encompassing agricultural knowledge as well as broader skills like science, math, and resource management. Experiential learning can be particularly effective for autistic children as they can directly experience what they are learning.



Benefits

Motor Skills Improvement:

Engaging in activities like planting, tending to plants, or managing animals can contribute to the improvement of motor skills and hand-eye coordination for autistic children.



Benefits

Emotional Well-being:

Agriculture can positively impact the emotional well-being of autistic children. Being involved in a meaningful activity, experiencing a sense of accomplishment, and witnessing the fruits of their labor can enhance self-esteem, self-confidence, and a sense of purpose



Conclusion:



Engaging autistic children in agriculture offers numerous benefits, including a stronger connection with nature, sensory stimulation, structured routines, social skill development, hands-on learning, motor skill improvement, and improved emotional well-being. It is crucial to tailor agricultural activities to individual needs and preferences, while also involving specialized professionals to provide adequate supervision and support.



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