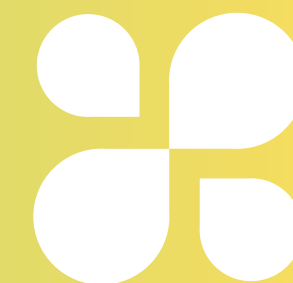Co-funded by
the European Union

Digital Education Cyber Inclusion

Programme: Erasmus+
Action Type: KA210-VET – Small-scale partnerships in vocational education and training
Start: 01/09/2022 – End: 01/03/2024
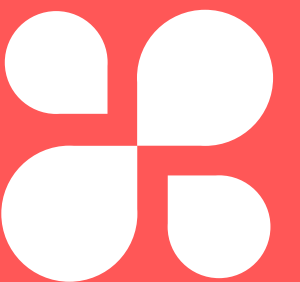Project Reference: 2022-1-IT01-KA210-VET-000081092

Active Listening

Youth workers need strong active listening skills to effectively engage with young people who may be experiencing or witnessing cyberbullying. Active listening involves giving full attention, demonstrating empathy, and fostering a safe and non-judgmental environment for young people to share their experiences.
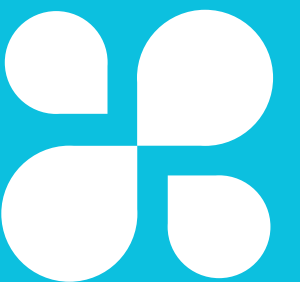
Empathy and Compassion

Developing empathy and compassion allows youth workers to better understand the experiences and emotions of young people affected by cyberbullying. These skills are essential for providing appropriate support and creating a sense of trust and safety.
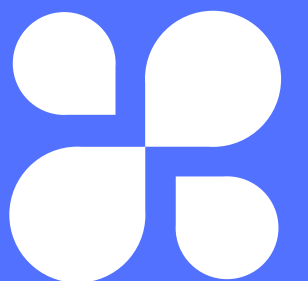
Communication Skills

Effective communication is crucial for addressing cyberbullying. Youth workers should be able to communicate clearly, both verbally and in writing, to convey information, educate young people about cyberbullying, and provide guidance on prevention and intervention strategies.
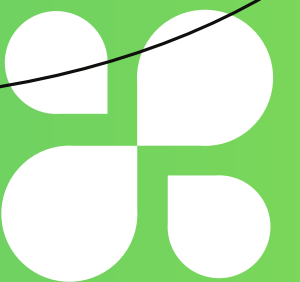
Conflict Resolution

Developing skills in conflict resolution can help youth workers mediate and resolve cyberbullying incidents. This includes fostering dialogue, facilitating peaceful discussions, and promoting understanding and empathy among young people involved in cyberbullying situations.
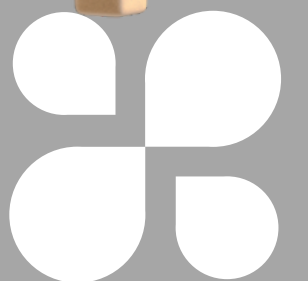
Digital Literacy

Youth workers should possess digital literacy skills to navigate online platforms, understand privacy settings, and identify potential risks and signs of cyberbullying. They should be able to provide guidance on online safety practices and help young people develop responsible digital citizenship.

Collaboration and Networking

Building partnerships and collaborating with stakeholders such as schools, parents, community organizations, and law enforcement agencies is crucial in addressing cyberbullying comprehensively. Youth workers should be skilled in networking, forging alliances, and mobilizing resources to create a supportive network for young people.
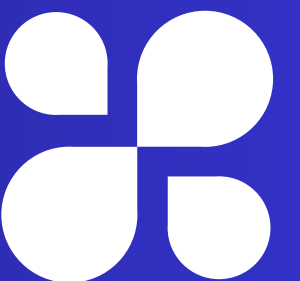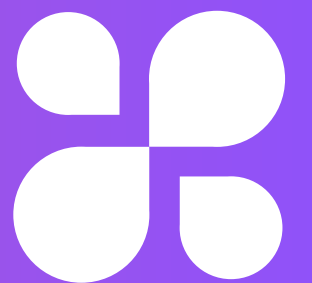
Education and Prevention

Youth workers should have the skills to design and deliver educational programs and workshops on cyberbullying prevention. These programs can focus on promoting positive online behavior, digital resilience, bystander intervention, and fostering empathy and inclusivity.
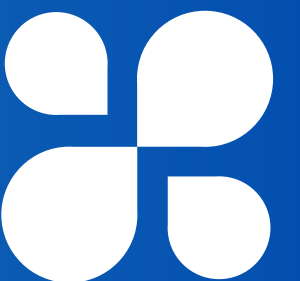
Crisis Intervention

In cases of severe cyberbullying incidents, youth workers should be equipped with crisis intervention skills to provide immediate support, ensure safety, and make appropriate referrals to mental health professionals or helplines.

By combining their knowledge and skills in cyberbullying, inclusivity, and working with diverse populations, young youth workers can play a vital role in preventing and addressing cyberbullying from an inclusive perspective.

Continuous professional development, staying informed about emerging trends and technologies, and collaborating with experts in the field can further enhance their effectiveness in supporting young people.

https://www.piattaformaprogetti.eu/digital-education-cyber-inclusion/